



Institut MARTA MATA Salou

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Living Europe

AN AWESOME ERASMUS ADVENTURE IN MARTA MATA SECONDARY
SCHOOL, SALOU



Co-funded by
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**ERASMUS
MOBILITY TO
MARTA MATA
SECONDARY
SCHOOL
SALOU, SPAIN
16th to 20th
June 2025**







ARE THERE ANY DIFFERENCES
BETWEEN SCHOOL LIFE IN
SALOU AND BORORHÁDEK

HOW DO STUDENTS SEE OUR
CUSTOMS AND LIFE?

ARE ERASMUS MOBILITIES A
BIG OPPORTUNITY FOR
STUDENTS?

DID CZECH STUDENTS ENJOY
SALOU?

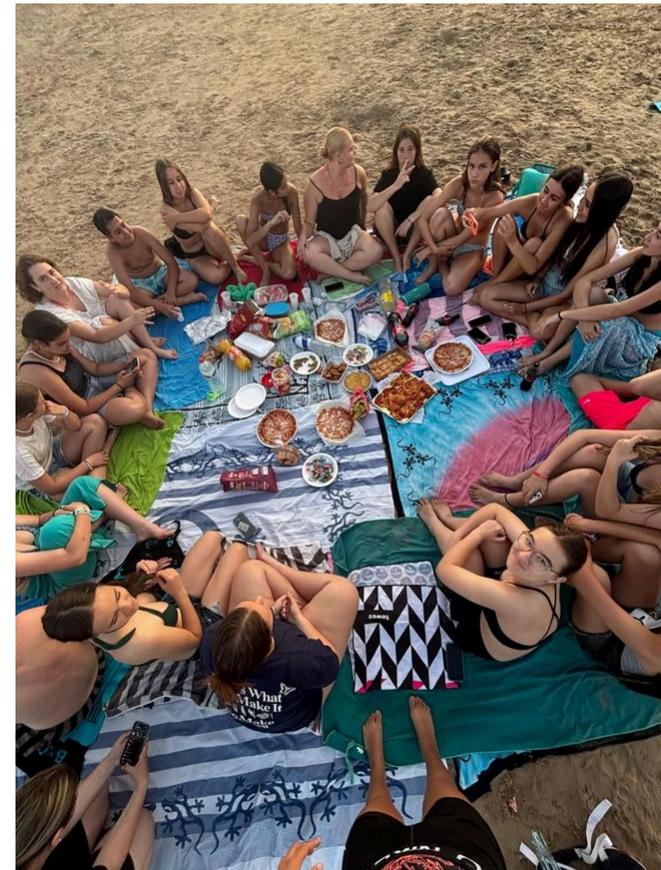
Lifestyle: You guys eat late lunch and dinner, lunch you eat at 15:00 more or less and dinner you eat around like 21:00, 22:00 or even 23:00 but I know why you eat late it's because the students and the teachers leave school around 14:30 so before you get home and stuff like so basically everything is just pushed later. I have also noticed that the students have been going later out with their friends and come back home late at night which is fine I guess but not much sleep after.

Best experience: I think the best experience for me was that we had this year a lot of free time after and we went to the beach everyday and everyone was there and we chatted, swam, did stupid things, we ate and we even had a picnic together and stayed at the beach up too 23:30 something like that so I had really a good time that day and the whole week was good and fun.

Future: In the future I would like to be a famous swimmer and to swim in the Olympics and to swim around the world and when I retire I would like to become a coach and maybe a history teacher as a job before I go to the swimming pool and coach my students, I would also like to travel the places I have always wanted to visit but I couldn't or I didn't want to yet cause traveling is fun for me and I like to see new cultures, new lifestyles, new people, beaches, ect,...

Message: Thank you so much for a wonderful experience in Salou and at the school, I really enjoyed it and liked it, it was fun and maybe I would come to visit you guys but I don't know what the future holds so we just have to wait and see. Anyways thank you so much for everything.

Natasha, Czech Republic





The best experience was probably when we all used to go to the beach together and spend time with each other. One day, I would like to become a professional football player, and if not a football player, then I would like to be a teacher.

Tadeáš, Czech Republic

I chose this photo because it beautifully captures a peaceful day by the sea. Sun, shade under the trees, and a great atmosphere with classmates and Spanish partners.

I think many things are different but almost many things are similar. Different, for example, is eating schedule, they are eating much later than us. But kids are mostly same as us, lot of fun, jokes and just nice friendships.

My best experience was when we went on beach and had a picnic here. We were there till the midnight and it was very fun evening.

I loved the beach and the sea, and of course, the culture is so pretty.

I want to be a teacher, and after this experience I wouldn't mind being an English teacher. And I hope in my next school we will do some similar things.

Josefina, Czech Republic





The picture I chose is this one where we are all together and it was right after we had a picnic and it was all nice and didn't feel real because we got really close together with everyone and it just felt good to be with my friend from Czechia but also from Spain. This picture has so much potential because of the nice view behind us and I'm also so grateful that I could be part of this. At first it was really different but then it was good and I enjoyed it.

Týna, Czech Republic

1. Same, similar and different - I noticed that they also couldn't use their phones in school, but the difference is that they really didn't use them and they had way more trouble from using them and they also needed to write down their names when they wanted to go to the toilet but I also noticed that a lot of students had like laptops instead of papers like us. In families they were up really late and even the parents, we had dinner usually like at 10 pm or some families even later and going sleep always after midnight, but they were waking up early so they slept just few hours what I am not used to, I normally sleep like 8-7 hours and in Spain I slept usually like 5 hours, but I am normally doing that when I am on vacation so it was fine. What I really liked was that they were normally out at midnight with friends what is so cool, I also loved how they can be on the beach and even swim in sea.

2. Experience - There were lots of them but one of the best was for example when we were out to midnight, had picnic, played UNO and even were still swimming in the sea at like 11:30 pm, that was really great. Then I really liked the trip to Barcelona, I always wanted to visit it there. I also really liked the beach day with paddle boards and kayaks because I was always in the front on it and I know how to control it since I was a child and I had fun talking to our instructors and making fun of them. But honestly, I just liked it simply on the beach, gossiping, eating and tanning.

Alena, Czech Republic



3. What I liked - I liked everything honestly, I liked my stay there in the hosting family and I really liked the food, my hosting family was really fine and kind to me and the last days I didn't even feel like a stranger there what made everything a lot easier. I liked the Spanish vibe and culture, I liked the teachers with us, Christina and mostly Rosa because they were so kind to us and of course our Czech teachers Michael and Iva and I think it was great choice of teachers from both sides, I liked Spanish people and Spanish music, but the beach, sun and sea was the best so I really liked the free time we got.

4. Future - I want to be lawyer in the future and I will go to school specialized to laws next year, but I also want to travel and got experience and enjoy life, I definitely want to visit Salou again and I want to visit America and England because of English, this project surprised me with my English and I really started to like that language honestly and it got me so much experience and new people what I never thought will happen and going there was one of the best decisions in my life and I would definitely do that again, I think I enjoyed it maybe even more than I should, I even cried in the end how I loved it there and I am already missing it.

Alena, Czech Republic

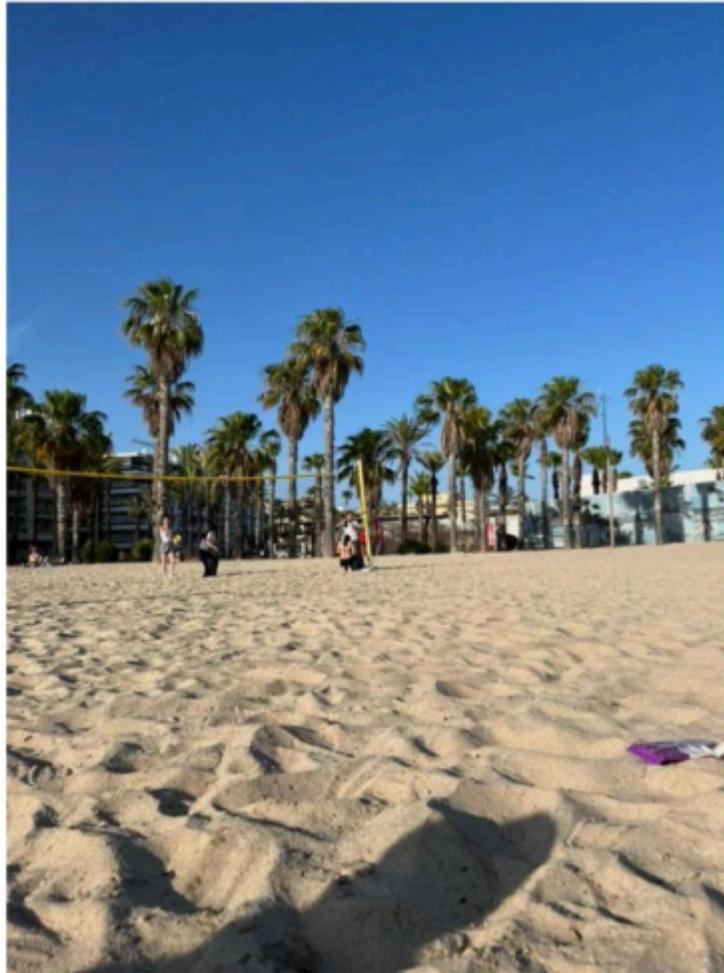


I am very grateful to be part of this amazing project. Erasmus has given me a lot of experiences and memories. I love getting to know new people, places, and cultures. What I really like about Erasmus is that it allows us to explore new places and make friends in other countries. I really enjoyed this Erasmus experience I fell in love with the city of Salou, and I'm sure it wasn't my last time there.

Aneta, Czech Republic



ERASMUS IN SPAIN WAS ONE OF THE MOST BEAUTIFUL EXPERIENCES OF MY LIFE. IT WAS UNFORGETTABLE – AN AMAZING PLACE, GREAT ATMOSPHERE, AND SO MANY NEW FRIENDS. I'M INCREDIBLY HAPPY I HAD THE CHANCE TO BE THERE.



Tereza, Czech Republic

I really enjoyed the Erasmus+ project. I'm glad I met new people from a completely different country, gained a lot of new experiences and saw beautiful places. Erasmus gave me a lot of new experiences and I'm very happy for that. Overall, I really enjoyed it.

Anděla, Czech Republic

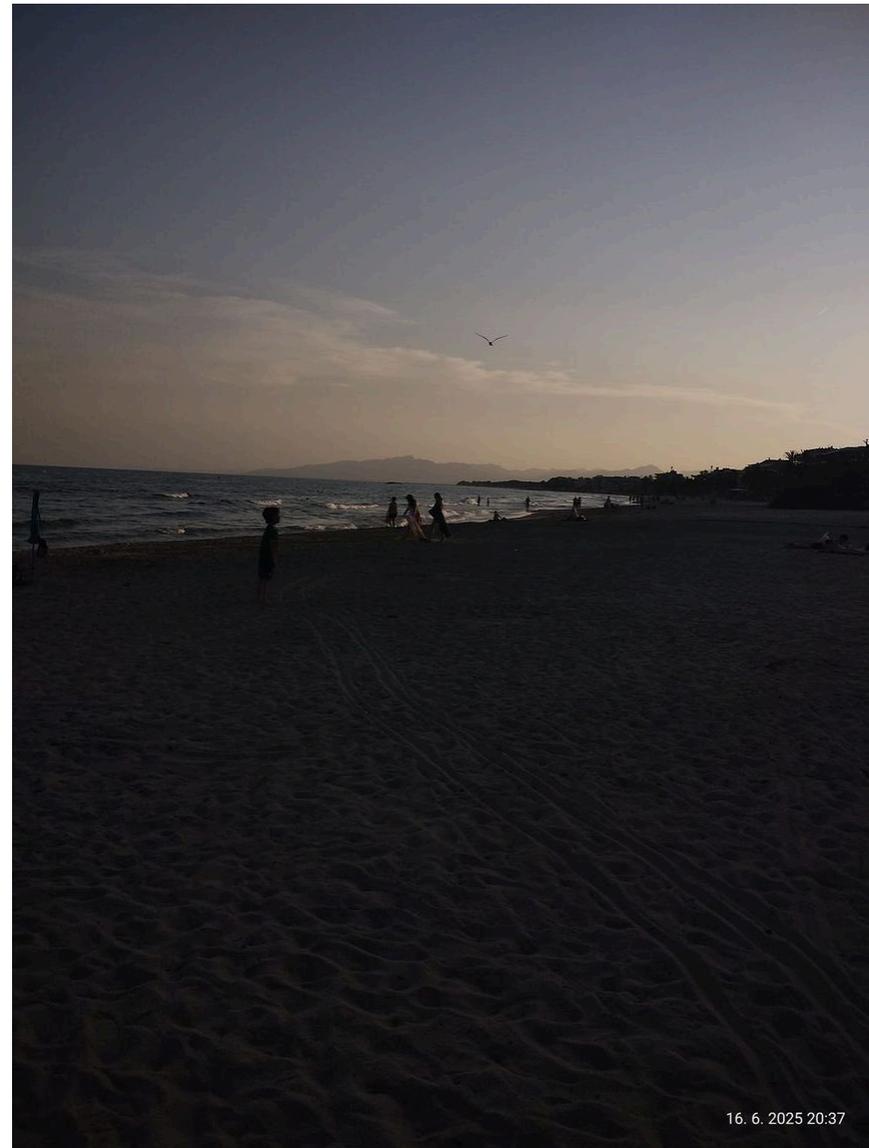


My favorite place was here, there weren't that many people here in the evening, and I really enjoyed it here.

And I can definitely speak English better than before, I don't mean vocabulary but since I speak English every day, my pronunciation is better and I'm not afraid to speak English as much.

Being part of Erasmus+ really touched me, I could never have imagined that I would be in Spain. I am a really good friend with Lorena (she hosted me), and she is very nice, she has wonderful parents and friends. I would like to thank them all very much, and Spain - Salou is actually beautiful, and I hope to visit it with my parents again someday.

Alžběta, Czech Republic



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Really enjoyed this Erasmus+!!
I think the most enjoyable
thing in Spain was a picnic for
me. We all ate the food the
Spanish kids gave us, and I
tasted food that we don't have
in our country that much.

It was such a fun and unique
experience, and I'm really glad
I got to share it with amazing
people. I'll never forget it.

Natálie, Czech Republic



My impression of Salou 🌴☀️

This photo was taken during one of our walks along the seaside promenade in Salou. I was amazed by how calm, and beautiful the place is. The rows of palm trees, the open space, and the sunshine made it feel like a scene from a movie.

What surprised me was how similar life here feels to our own – people enjoy being outside, relaxing with friends or family, and taking care of public spaces. At the same time, the lifestyle seems more relaxed and sunny – which I really liked.

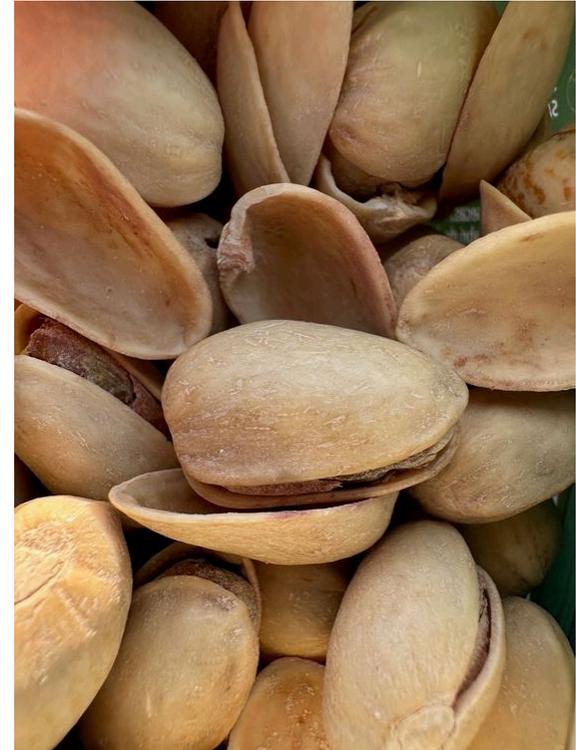
One of the best experiences for me was just walking under the palm trees, listening to the sea and enjoying the peaceful atmosphere. I felt really free and happy.

Martina, Czech Republic



This photo I took when we were on a beach, has a very deep meaning for me. It awakes a sort of feelings that I can't really understand or explain to you. But, when I look on the pistachio right in the middle of the photo, I feel like it's me. Every day, everyone meets different people and everyone has a completely different life. Nobody can see or know you the way you see yourself. Nobody can't even know how it feels to be you because everybody is different. Even every situation is different, it can look the same but it's never the same. And that's I guess what I feel from this photo. I feel that not a single pistachio is the same. Every pistachio is shaped differently and tastes differently if you really think of it. You may ask why did I wrote a text about diverzity? I will answer, in my opinion very easily. Because I was part of Erasmus+, and when I think of this project the first thing that comes up to my mind is exactly what this text is about, diverzity. The Erasmus+ project is about travelling to a different country, meeting new people, their culture and also their past. And that's also why I think diverzity is important. Because if everybody would be the same, had the same culture or act the same, our world would be boring and you didn't need to travel or explore because everything would be the exact same.

Nela, Czech Republic





The lifestyle was also a bit different – people were more open and used to spending more time outside. Family life seemed similar, though – families care about each other just like at home. I also found it easy to make friends. Teenagers in both countries have similar interests like music, sports, and fashion.

The best experience for me was visiting a local cultural event. It was fun, colorful, and I learned a lot about their traditions. I also really enjoyed trying new food and exploring the town with my Erasmus group.

I liked the feeling of independence and meeting people from different backgrounds. It opened my eyes and made me think about the future in a different way.

In future I want to be an architect or a nurse.

Ellen, Czech Republic



What is different?

The staff's approach to us as children was different at the seaside. Our instructor was absolutely pleasant and friendly, and he talked to us as if we had known each other for some time.

There was also a different schedule — for example, they start school at 8:30. I would say a big difference was also in their sense of thoroughness; back home, everything had to be on time, but they didn't care about that at all. Another difference was that they were already high school students. I found out that their education system is such that they have primary school, then high school, and then other types of schools.

Alexandr, Czech Republic



THANKS TO ERASMUS FOR MAKING IT POSSIBLE!



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