



Learning Portfolio

Tools for Reflection on
Learning & Professional Development

Oslo, 14th to 20th April 2024

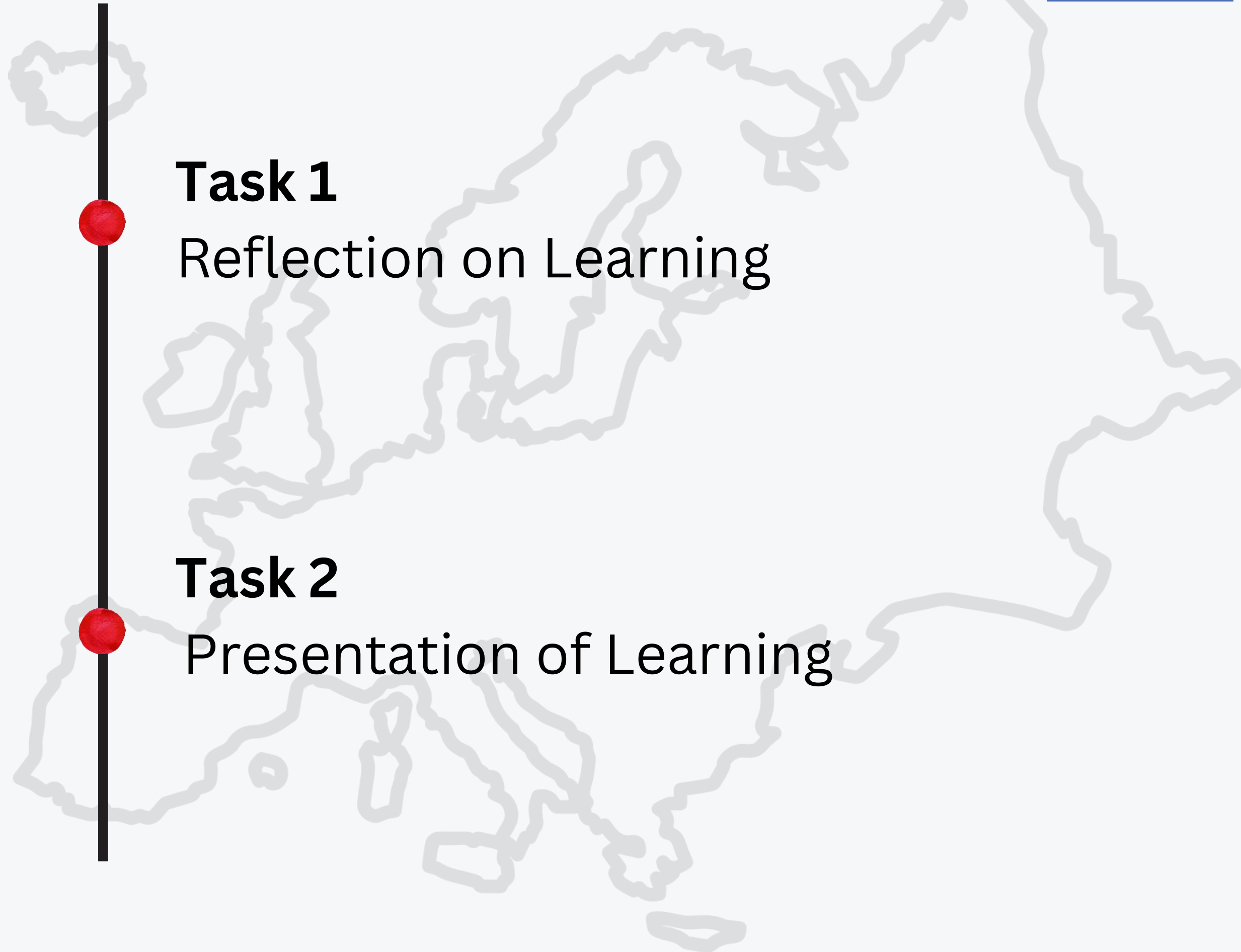
A SYNTHESIS OF REFLECTION AND LEARNING



*“We do not learn from experience...
We learn from reflecting on
experience”*

John Dewey

Tools for Reflection on Learning



Reflection on Learning



**Participants will be expected to reflect
on certain aspects of the course**

Reflective Journal



Task 1

Task 1 (INDIVIDUAL TASK)

Reflection on my experience and learning

Reflective Journal

This Reflective Journal is a useful means for your **professional development**. Please take a moment to reflect personally on the programme and write a few lines every day on your thoughts.

Possible areas of reflection: my *professional development* today, *cultural understanding*, *participation in and understanding of debates, talks, visits to schools, sharing of expertise* and *building of future partnerships (Dissemination Strategies), European Dimension*, etc.

Professional Development	<ul style="list-style-type: none"> - Where does your journey start? - Greatest challenges as an educator? - How will you incorporate what you have learned? - What are your goals for this programme?
Cultural Understanding	<ul style="list-style-type: none"> - What you have learned about the host culture. - Communication with the locals and other participants. - Cultural differences between Ireland and your country.
Language Development	<ul style="list-style-type: none"> - Change of perspective (teacher/learner) - Self-expression in a group setting - Communicating in a foreign country
Dissemination of learning	<ul style="list-style-type: none"> - How will you share what you have learned? - With whom? - Conversations with colleagues
Meaningful Moments	<ul style="list-style-type: none"> - Something specific that affected you on a personal / professional level? - Photos that you took - Music or sounds that you heard

If you decide to use an online platform for your journal please paste the link here:

[Click or tap here to enter text]

Sunday:

[Click or tap here to enter text]

Monday:

[Click or tap here to enter text]

Tuesday:

[Click or tap here to enter text]

Wednesday:

[Click or tap here to enter text]

Thursday:

[Click or tap here to enter text]

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To be sent to English Matters during the week after the course



What have you learned during this week?

Feel free to mention any professional, cultural, linguistic, and personal aspects.

How will you incorporate what you have learned?

Have you developed any **connections** with fellow participants for future projects?



Do you feel learning a **second language** is important to your students? Why?




What main **cultural differences** have you found between Norway and your country?

What are the **challenges** in the classroom?

Should all learning be inside the **classroom**? Talk about your experience using Contexts4Content.



Participant's Portfolio - Presentations

-  Reflective Journal Template
-  Instructions for uploading Reflective Journal
-  Upload Reflective Journal

Dissemination of Learning



To be sent to English Matters during the week after the course



Task 2

Presentation of Learning



During the course, participants will discuss their learning with their fellow participants

Participants will prepare a summary of their learning outcomes, some of which will be presented to the group on Saturday morning.

We suggest **mixed nationality** groups to expand your learning about different educational systems from Europe. Groups should have 4-6 people.

Presentation of Learning

3 - slide task



Slide 1: What you have learned about schools & Education System

Slide 2: The most representative pictures of your experience. These may relate to a specific area you have focused on.

Slide 3: Practical application with students and educational community (dissemination of teaching & learning)

Examples of Portfolios

(from former participants in English Matters' Erasmus+ courses)



NATURE
&
CIVILIZATION

FJORDS

FRILUFTSLIV

MUNCH



OUTDOOR PURSUITS

A-ha

SALMON

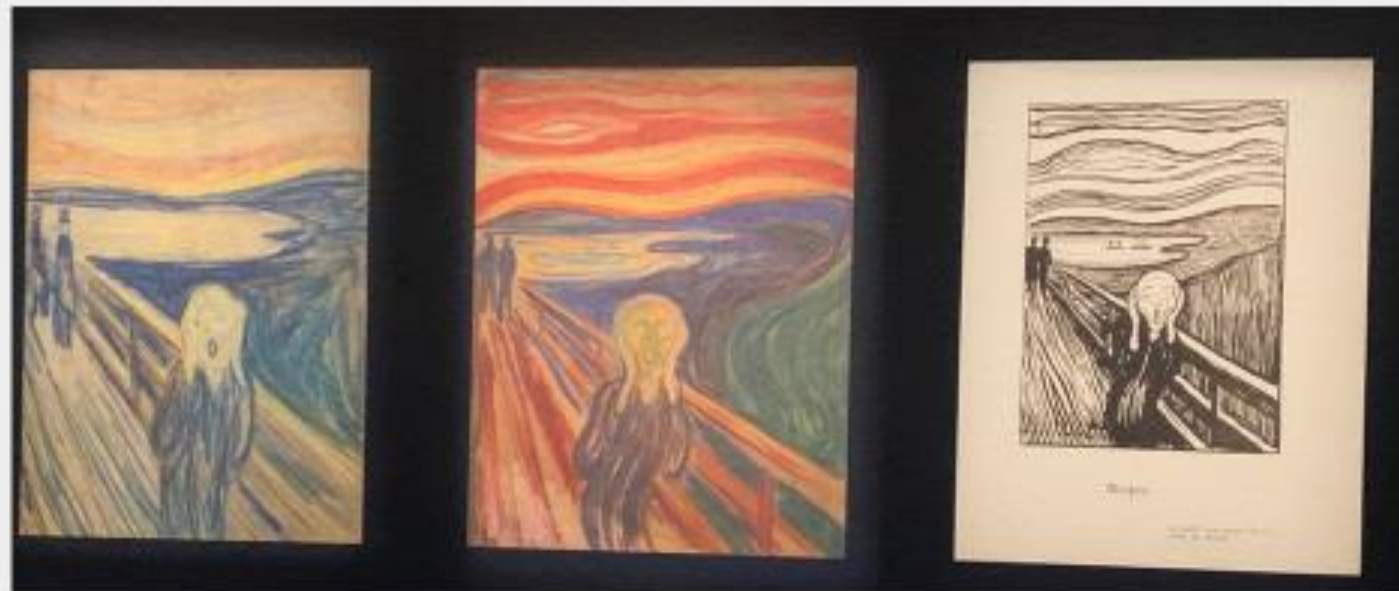
POSTCARDS-LIKE ISLANDS

KANELBOLLER

SOCIAL

WEIFARE

ENGLISH AWARENESS



Equality
Responsibility
Free Education
Friendliness
Openness
Integration
Inclusion
Creativity
Housework training
Reading fondness
Digitalization

Application

- Inform the colleges of our schools of the Norwegian system.
- Celebrate The Europe Day.
- Interdisciplinarity
- Create a European corner at school.
- Organize a bike day and awareness of environmental problems.
- Make students aware of the importance of food and good habits.



Oslo, 6th to 13th May,
2023.

Klara Jandova
M^a Carmen Ruiz Morcillo
Victoria Martínez López
Josefa González Valero





FINLAND IN FACTS

5.4 million



1.4 million
inhabitants in
metropolitan
area

Life expectancy:
year

78 84

Official languages
are **FINNISH**...

...and **SWEDISH**
(spoken by 5.3%)

SÁMI is the mother
tongue of about 1,900 people.



Christianity:
73.8% **LUTHERAN**
and about
1.1% **ORTHODOX**



GDP per capita (2014)

37,559 €



Currency
unit:
EURO

REPUBLIC, parliamentary democracy,
200 members in one chamber

Independence Day
DECEMBER 6

1917



1995



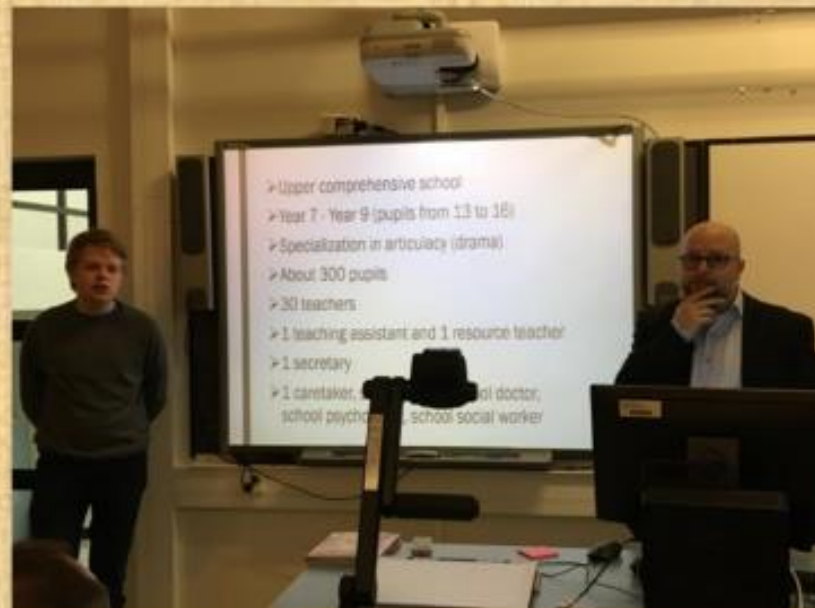
1955



is more



**RESPONSIBILITY, TRUST, MUTUAL SUPPORT,
AUTONOMY, PERSONALISED LEARNING,
COLLABORATION, FREEDOM, PATIENCE, TOLERANCE**



Integration & Harmony



Dissemination

- "Reflective journal"
- Photos and presentations about the Finnish education system
- Seminars about Finland, Finnish culture and education
- Posting materials about the experience
- Better collaboration with parents
- Implementing the individual approach in teaching in a more positive and motivating learning environment.





ICELAND

A small, young and educated Nation

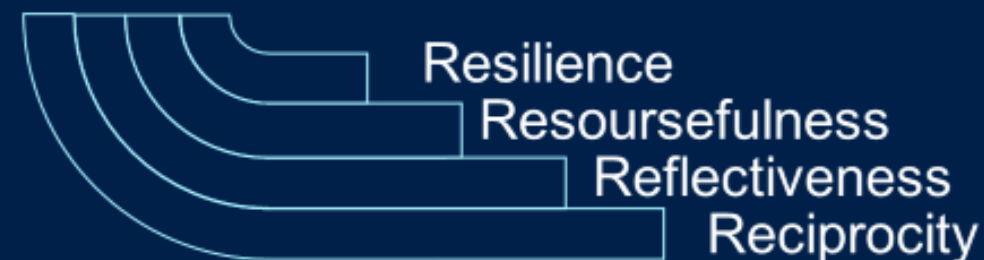
Reykjavik, 19th March 2022

Menning og Menntun Culture and Education



- Emphasis on building students' learning power
- Active learning and responsibility for their own progress
- Developing autonomous learning of the students
- The schools are allowed to decide about the school profiles / curricula
- Culture and nature are the contents for learning
- Atmosphere of safety, warmth and respect
- Compromise between study, work, hobby!
- Focus on teaching life skills
- Strong national consciousness

Key concepts



(Claxton, 2002)

First Impressions

B I N S



Sustainability

I D E A S



Creativity

C L A S S ?



Autonomy

S I G N S



Diversity

You really get into the soul of a country when you are able to understand their own language and their own words in a very wide sense, to arrive to the deep meanings that sometimes are kept hidden beyond them. Icelandic educational system as a way of building their national identity and their democracy through their myths and their legends. The key of success seems to be paying attention to the sense of belonging to a community. A good thing to learn from them!

Student

S

Implement the **individual approach in teaching in a more positive and motivating learning environment**

Emphasis on collaborative and autonomous work

Use real materials in class (photos, rocks, music...)

Implement Interdisciplinary projects, such as:

- ❖ Literature+English+History: *lessons on Norse Tales and Sagas (...)*
- ❖ Geography+Geology: *lessons on volcanoes, glaciers, rocks, fjords (...)*

Dissemination Teacher

S

Prepare seminars about Iceland : their culture and education system

Implement in our school collaborative work among teachers in order to attend students with special needs.

Help creating a more relaxed atmosphere at school (...)

Community

Posting materials about the experience

Writing an article about Iceland

Photo Exhibitions

Improve the collaboration between the school and families (...)

„The mind that opens to a new idea, Never comes back to its original size.“
Albert Einstein



Free Education

Equal
Opportunities

Compulsory
Education

Child-Centered
Approach

Learner
Autonomy

Grading
System

Multilingualism

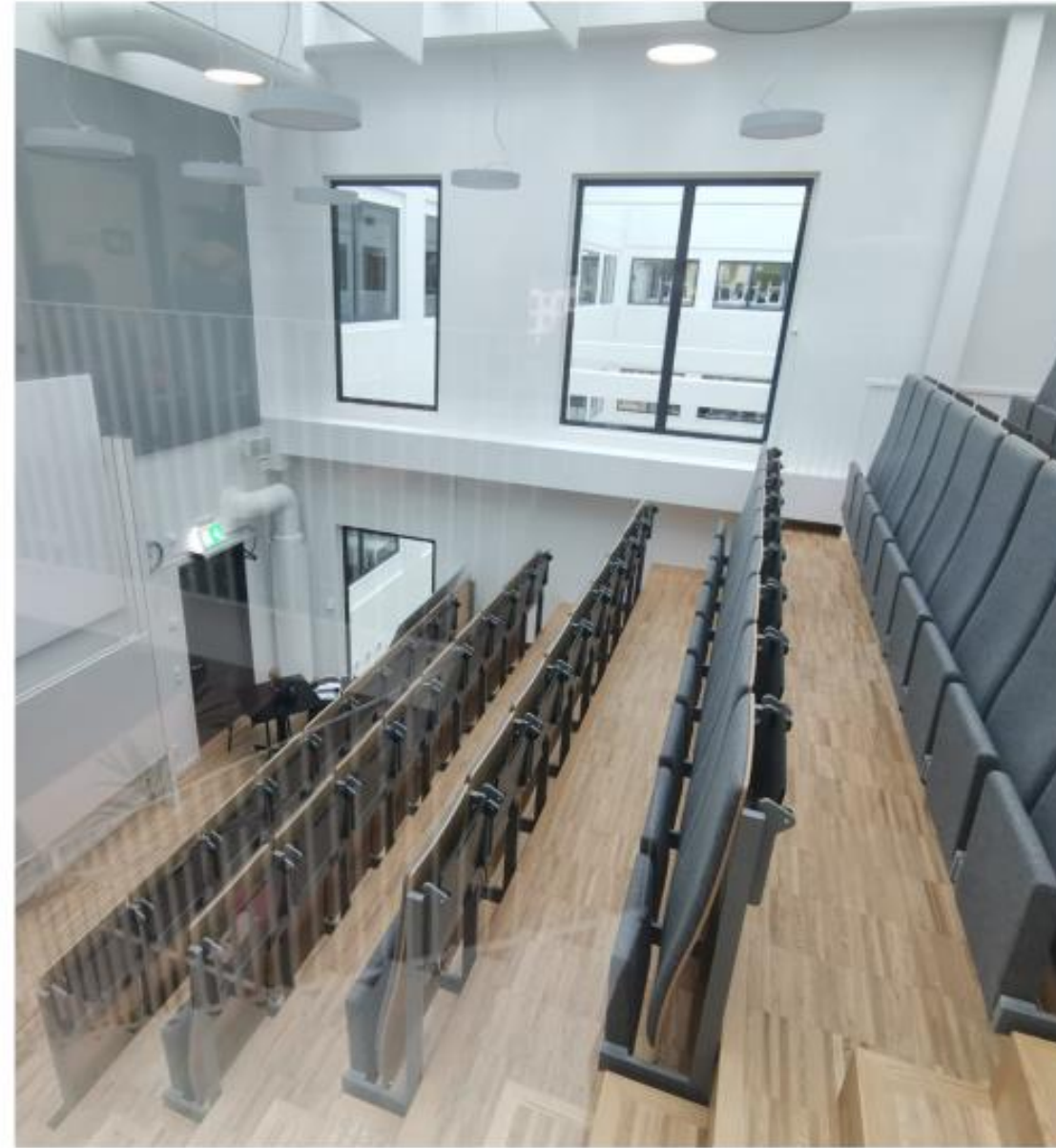
Inclusive
Education

Highly
digitalized
system

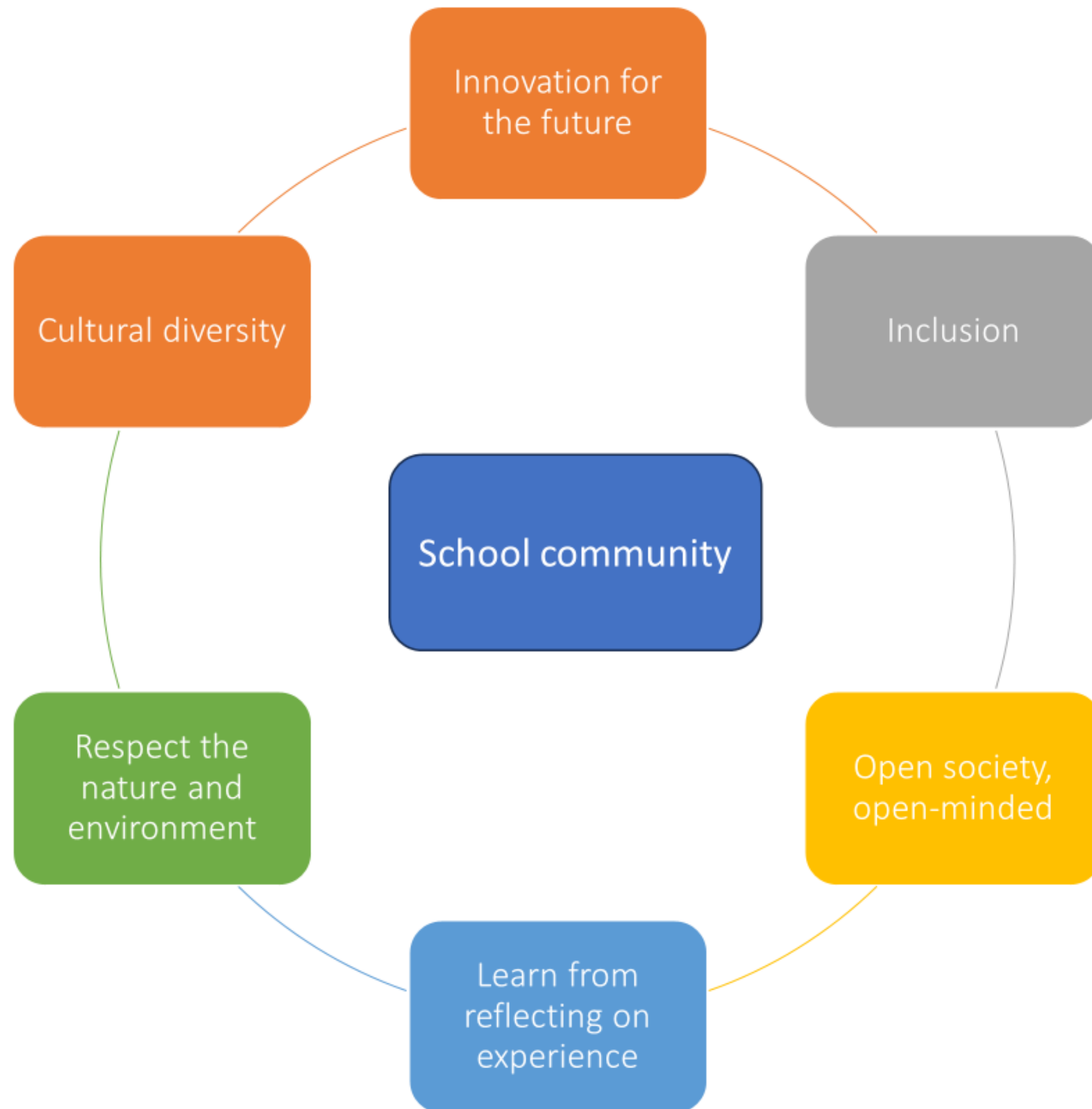
Healthy and
free food

No pressure





Innovative Learning Environments



Dissemination

EVALUATION OF THIS PROGRAMME

Instruments of Evaluation

- Participant's Portfolio (qualitative evaluation)
- Final survey (quantitative & qualitative evaluation)
- Participants' report (qualitative)
- Training organisation's report (qualitative)

Criteria

- Participation: pedagogic encounters, debates, group work, etc.
- General understanding of content
- Use of Field Projects & cultural experiences for dissemination
- Erasmus+ Spirit

Final Evaluation of your course



Final Evaluation of your course

Please fill in the Final Evaluation of your course. It will take you just a few minutes and it will be considered the last stage of your participation in the programme, providing the opportunity for you to reflect on your own commitment to your professional development as well as to assess the quality of our online learning course. Your feedback is essential for ensuring the standards of our training.

On completion of the course...

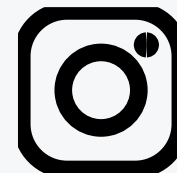
Tusen takk!!!



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english@englishmatters.eu



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