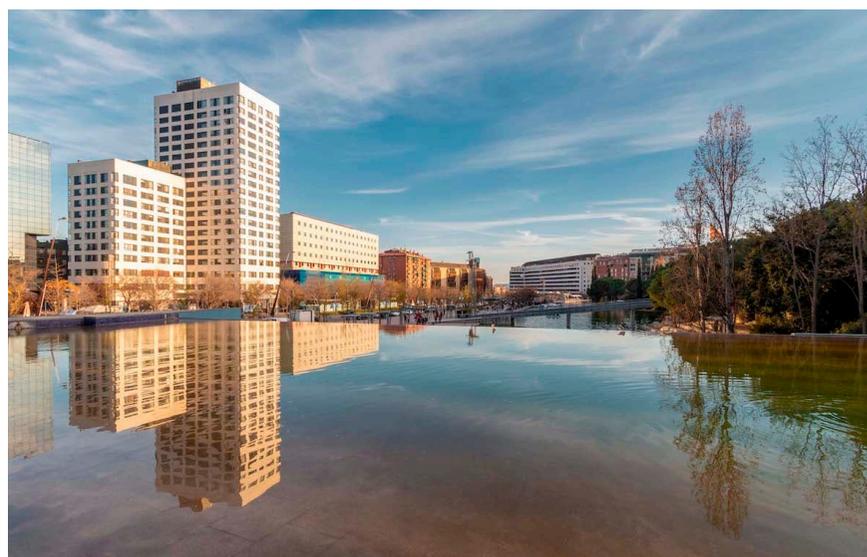




# Exchange week Ikast- Sabadell

Welcome! Institut Arraona welcomes you to our city Sabadell. We hope you feel like home during your stay here. In this document, you will find the program for our week and all the activities we are going to do.



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## Exchange week: Ikast - Sabadell from 26 to 30th January

<b>Monday 26th</b>	<b>Tuesday 27th</b>	<b>Wednesday 28th</b>	<b>Thursday 29th</b>	<b>Friday 30th</b>
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<p>Arrival at 12.15h at Barcelona</p> <p>Bus transfer from airport to Sabadell at <b>14.30h</b></p> <p>Classes as normal until 14.30h</p>	<p>9:30h Meeting at Plaça Espanya * (Entrada Renfe)</p> <p>10:30-12h Gimcana in the center of Sabadell</p> <p>13:30h Free time + shopping</p> <p>*bring a snack/ sandwich for you and your partner and reusable water bottle. Also, wear comfortable shoes to walk</p> <p><b>Rain changes</b> ☔</p> <p>Visit of Parc Catalunya. Viewpoint and astronomic tower</p> <p>Gimcana at city center</p>	<p><u>Trip to 'La Barceloneta' beach</u></p> <p><b>Rain changes</b> ☔</p> <p><b>9h</b> Meeting at train station Sabadell Nord (FGC), Plaça Espanya to Plaça Catalunya. <b>Trens S2 sortida 9.19 / 9.29h.</b></p> <p>Promenade towards the museum, the students can sight see the Cathedral, Santa Caterina Market and roman towers</p> <p><u>Ruta Plaça Cat --&gt; Museu Picasso</u> (enllaç a maps)</p> <p><b>11.15h</b> First group visit of Museu Picasso.</p> <p><b>11.45h</b> Second group visit of Museum Picasso</p> <p>13 - 14h Lunch time</p> <p>14 - 16h Visit and promenade to Ciutadella Parc. Botanical Garden, Mercat El Born, Basilica Santa Maria del Mar, etc</p> <p>15 - 16h PENDING DUE TO CLIMATIC CAUSES</p> <p><u>RUTA A.</u> Hivernacle --&gt; Arc de triomf per passeig de Iluís companys --&gt; Palau de la Música (per fora) --&gt; Plaça Catalunya (tornada) Total <b>27 min</b></p> <p><b><u>RUTA A</u></b></p> <p>RUTA B. Hivernacle --&gt; baixem per carrer de la princesa fins Plaça sant Jaume (Ajuntament i ensenyar video Castellars) --&gt; Desviar un xic per veure Pont del bisve --&gt; Basílica de Santa Maria (cobert i obert al públic) --&gt; Mercat de la Boqueria (cobert / temps per comprar) --&gt; Pujem rambla fins plça caralunya per tornar (Temps caminant <b>35 min</b>)</p> <p><b><u>RUTA B</u></b></p> <p>16h Go back to Sabadell</p>	<p><b><u>Trip to Barcelona city centre (Modernist route)</u></b></p> <p>9h Meeting at train station Sabadell Nord (FGC), Plaça Espanya to Plaça Catalunya.</p> <p>10 to 13h Visit the Gothic District, Cathedral of Barcelona and Las Ramblas.</p> <p><b>Rain changes</b> ☔</p> <p>From Rambless to the Barcelona University central Library, then towards carrer Tallers, Casa Güell and Liceu.</p> <p>Walking down Ramblas towards Colon and Maremagnum</p> <p>13h Lunch (bring money or packed lunch) + free time</p> <p>*bring sunscreen, reusable water bottle and wear comfortable shoes to walk</p> <p>15h Visit outside of Casa Milà and Palau Obert and its gardens</p>	<p>8:30-8.55h Tour of our highschool to the danish students.</p> <p>8.55 a 9:55h Classes with the spanish students</p> <p>Welcome with directive team and danish teachers.</p> <p><b>10-11h Taller de bastons.</b></p> <p>11h Spanish pot-luck</p> <p>The spanish families each bring a typical food picnic/brunch in the park</p>
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		<p>We descend Ramblas to sight see Plaça Reial, Colon statue and Maremagnum towards Barceloneta.</p> <p>14h Packed lunch on the beach + volleyball beach sports/games</p> <p>*try not to bring single use plastic, no litter on the beach!</p>		
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<b>LUNCH</b>				
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<p>Welcome group activity*</p> <p>Afternoon with families</p>	<p>Afternoon with families</p>	<p>Afternoon with families</p>	<p>16.:30h Guided visit to La Pedrera Casa Batlló</p> <p>16:45h Guided visit to La Pedrera Casa Batlló</p> <p>17:30h Go back to Sabadell with FGC Provença towards Sabadell Nord.</p> <p><i>*Option to stay in Barcelona with parents' permission.</i></p>	<p><b>15:30h</b> Goodbye at C/Budapest 93 (a bus will take the Danish to the airport).</p>
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