

- Listen and read.

THE ORIGINS OF FOOD

The origins of ice cream started in Italy about 2,000 years ago. The Emperor Nero liked to eat snow mixed with fruit. Later, an Italian explorer called Marco Polo discovered that the Chinese ate ice mixed with milk. When he went back to Italy, he asked his cook to make this ice cream. Soon a lot of people ate ice cream all over Europe. They loved it! Nowadays, there are a lot of different flavours of ice cream.



The Greeks made the first pizza more than 2,000 years ago. It was a round, flat bread with olive oil, spices and potatoes. Later the Italians made the flat bread and called it "pizza". In 1889, Queen Margherita ate the pizza. She loved it. Her cook made her a special pizza with tomatoes, mozzarella cheese and basil to represent the colours of the Italian flag. This was the first Margherita pizza. Nowadays, people all over the world eat thousands of pizzas every day.



The Chinese made the first sushi 1,800 years ago. They added salt to raw fish and then placed the fish under a big stone. After a few months, they ate the raw fish. They really liked it. About 1,000 years ago, the Japanese started to make sushi. Now they eat a lot of it every day! It is very good for your health.



- Read and write *true or false*.
 - 1- The Emperor Nero ate snow mixed with fruit.
 - 2- Marco Polo invented ice cream.
 - 3- The first pizza was a round, flat bread with olive oil and meat.
 - 4- The Margherita pizza represented the Italian flag.
 - 5- The Japanese made the first sushi.

- Read and answer.
 - 1- Where does each food come from?
 - 2- When did they eat the first ice-cream?
 - 3- Who ate ice mixed with milk?
 - 4- Who discovered this?
 - 5- Who made the first pizza?
 - 6- How long ago?
 - 7- Who first called it "pizza"?
 - 8- When did Queen Margherita eat pizza?
 - 9- What did Queen Margherita's cook use to make the pizza?
 - 10-Why?
 - 11- When did the Chinese first make sushi?
 - 12-What did they add to raw fish?
 - 13-When did the Japanese start to make sushi?