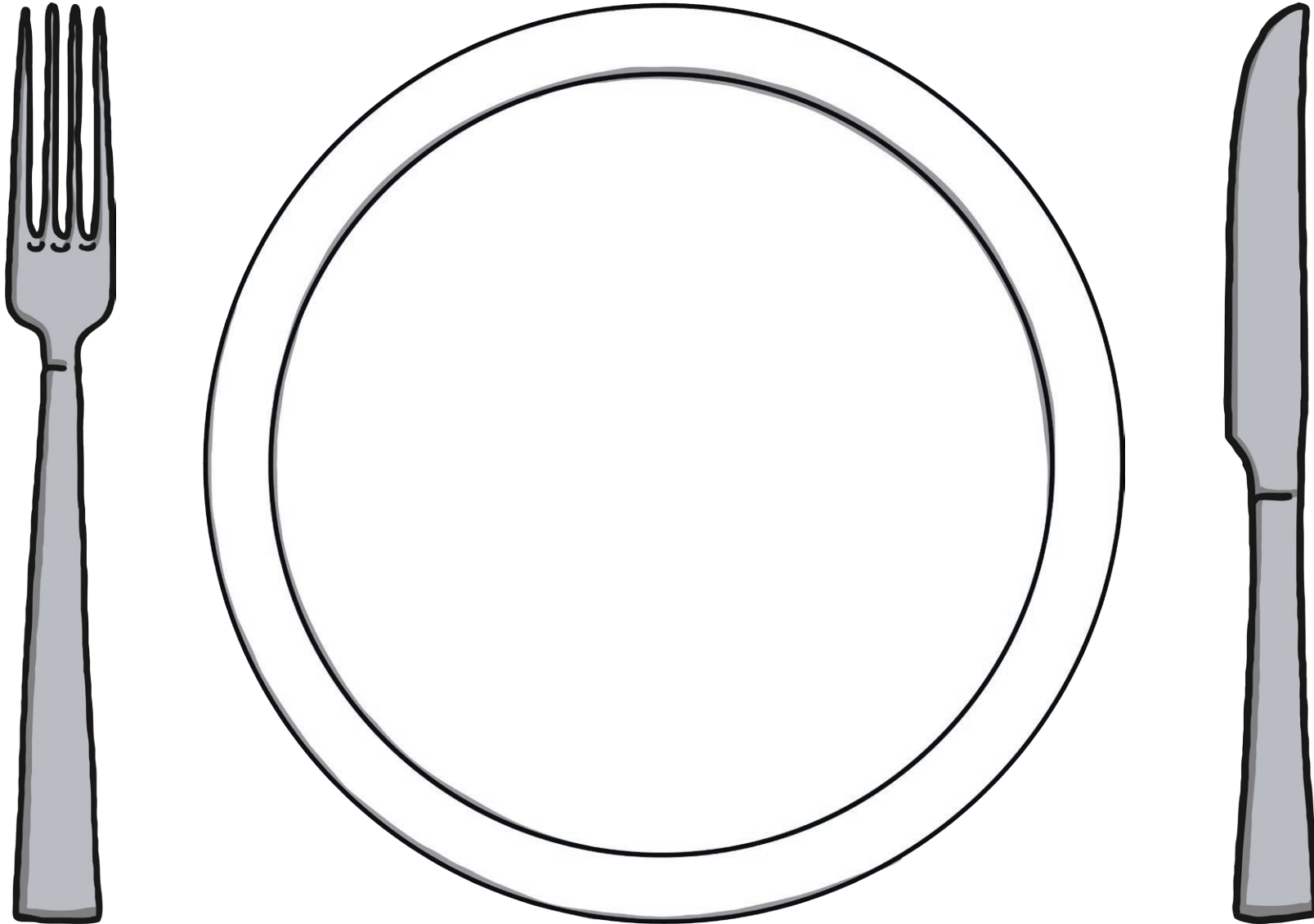
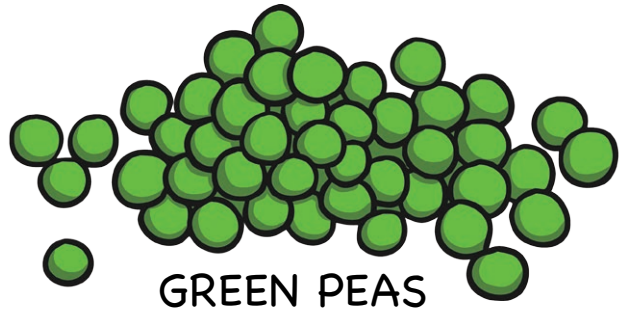


Healthy Eating Meal Activity

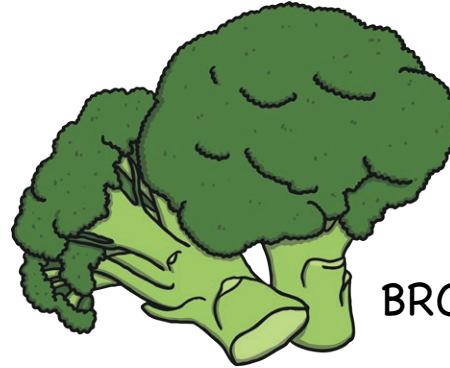


MY BALANCED MEAL PLATE HAS GOT _____ AND _____

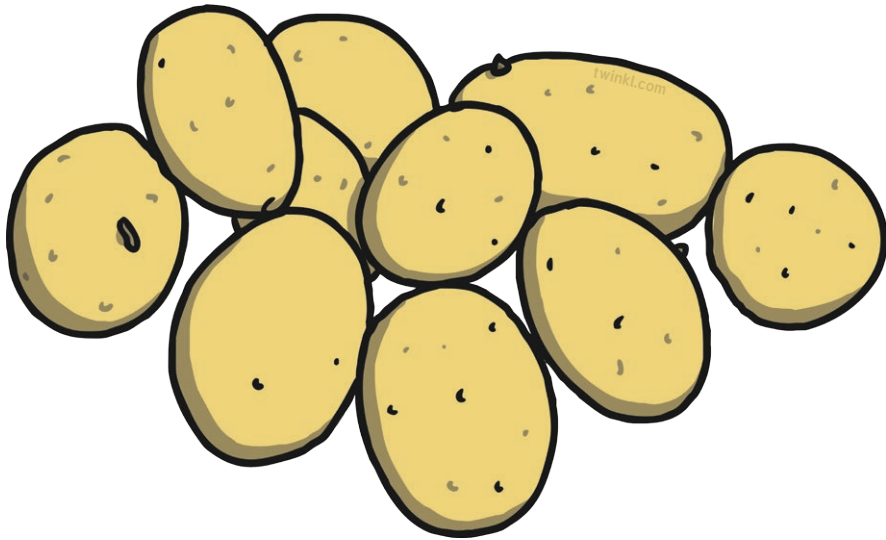
Cut out 2 foods to make a balanced meal on your plate.
Then, write the food you choose and send me a video.



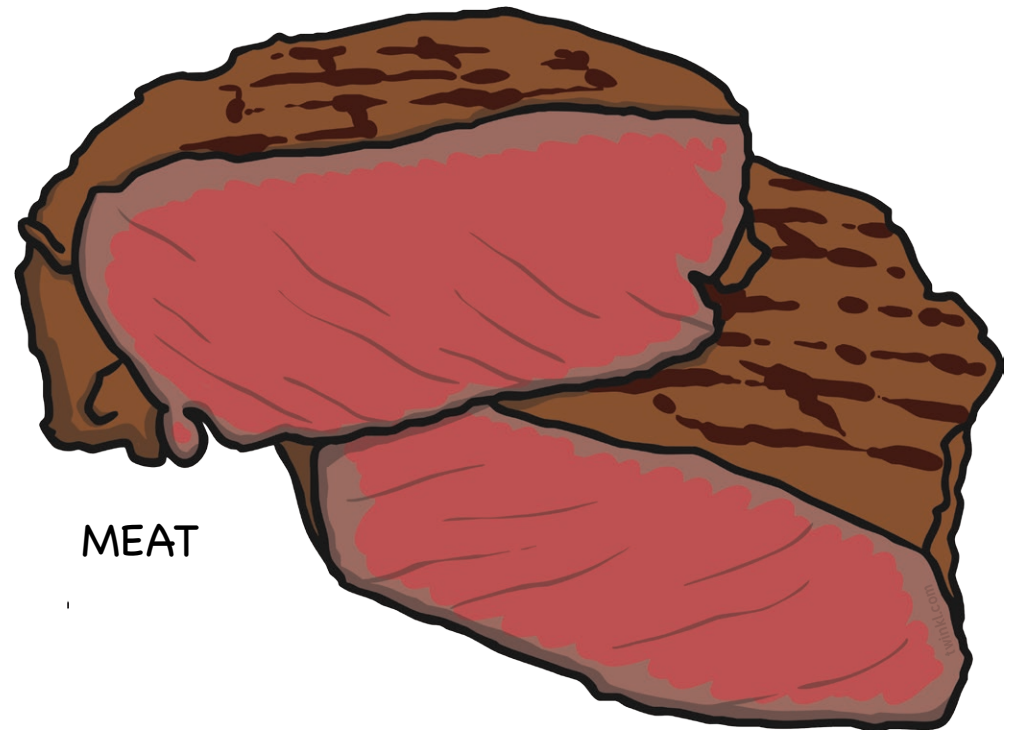
GREEN PEAS



BROCCOLI



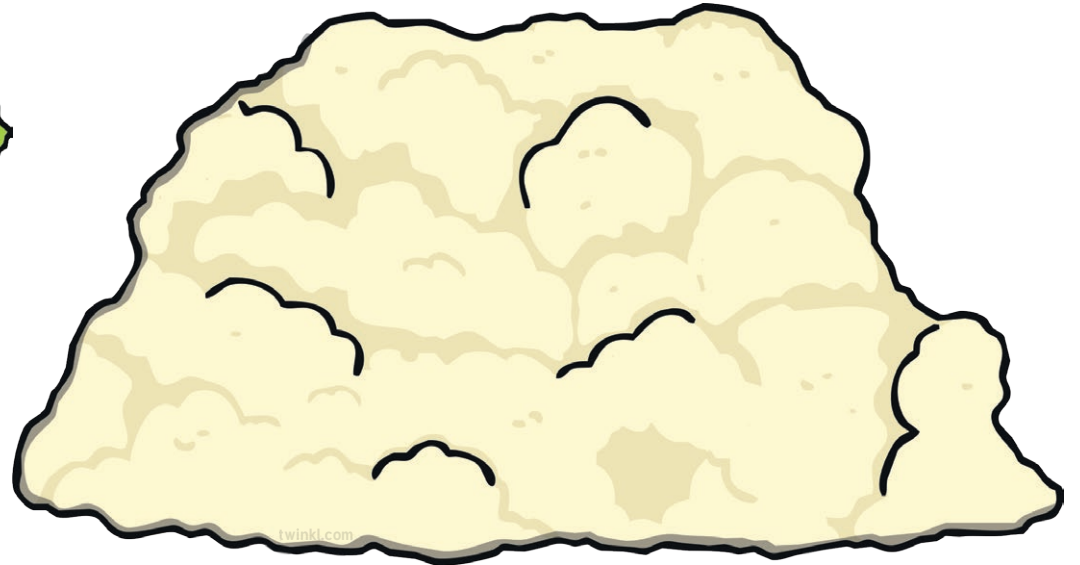
POTATOES



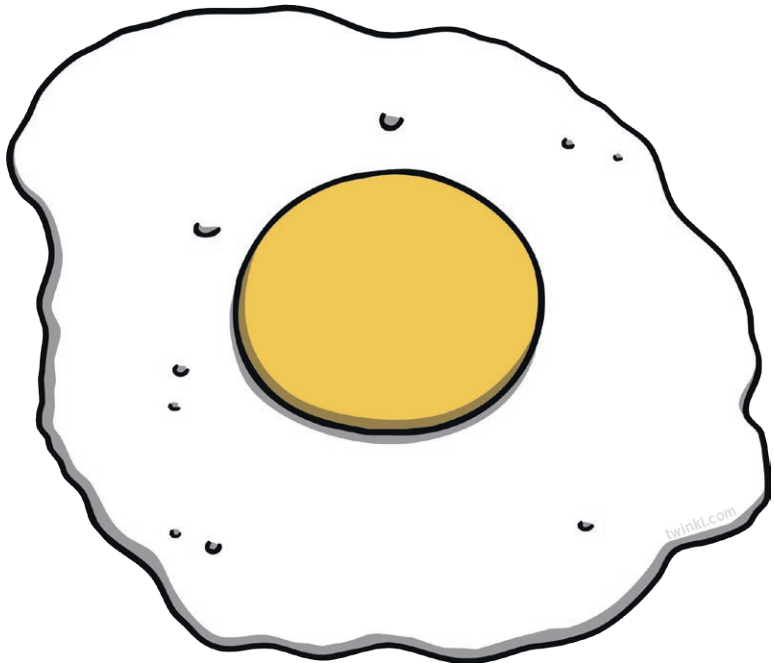
MEAT



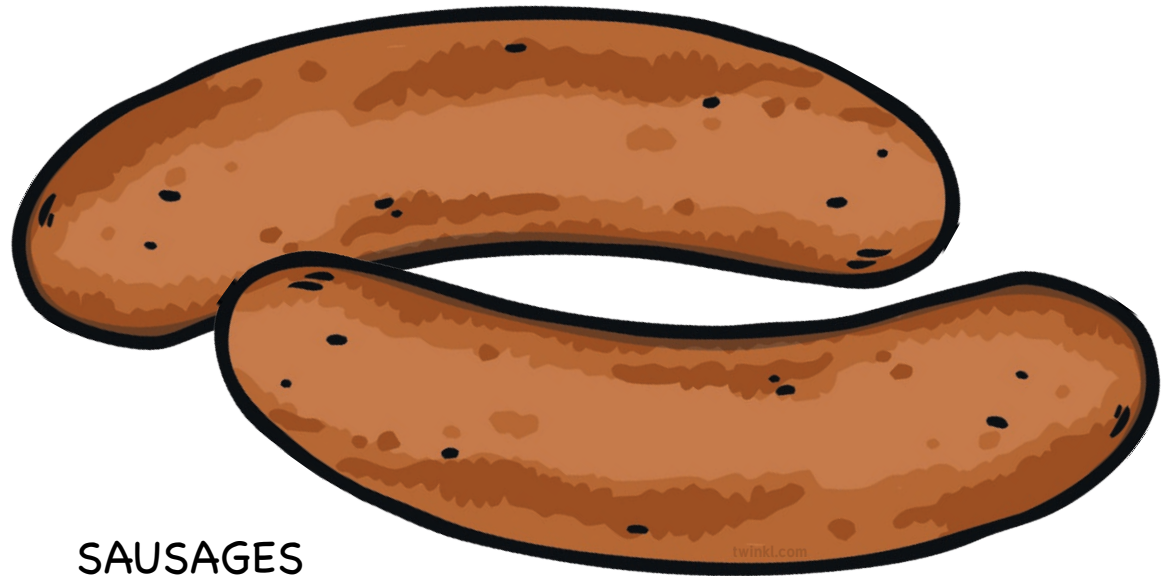
SALAD



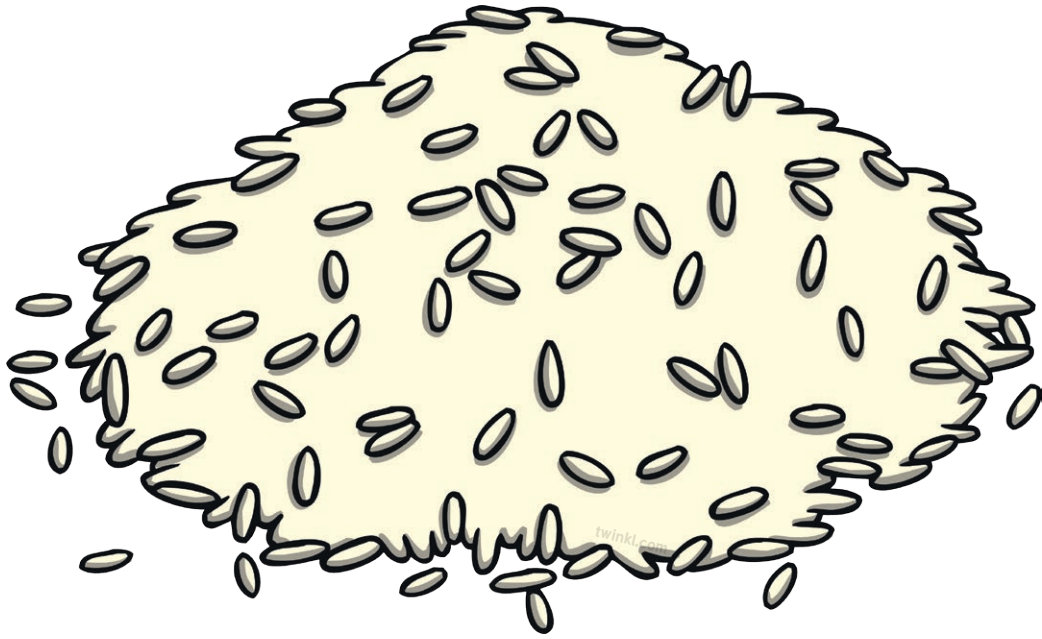
MASHED POTATOES



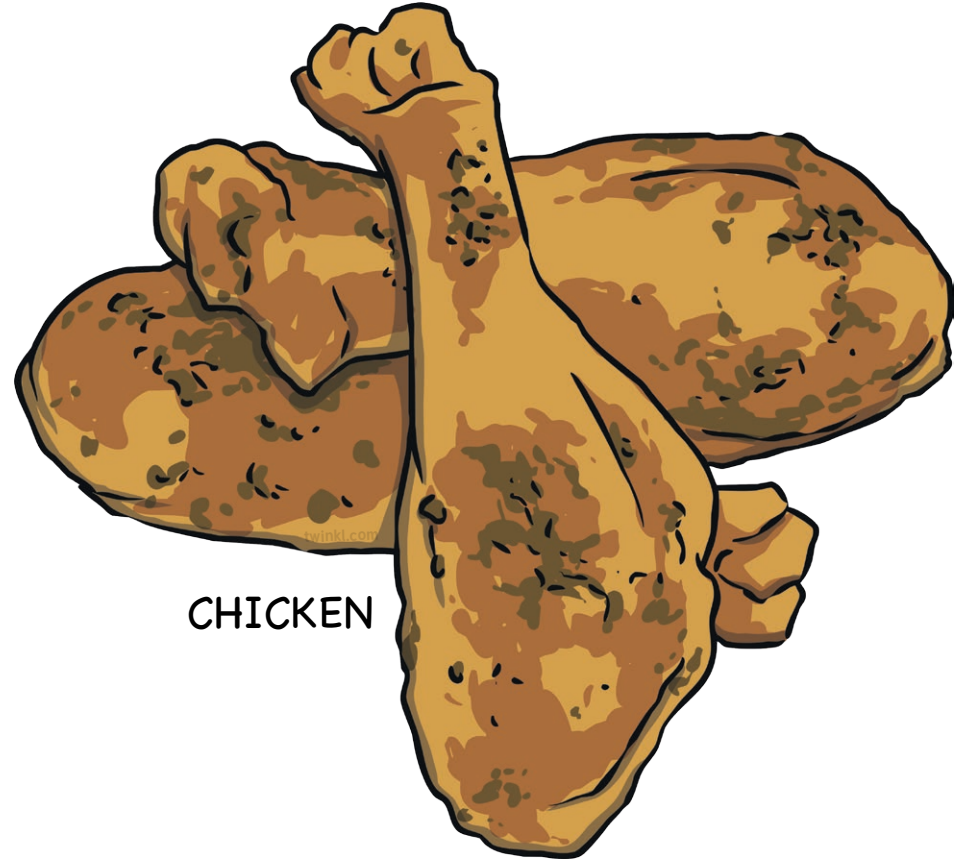
FRIED EGG



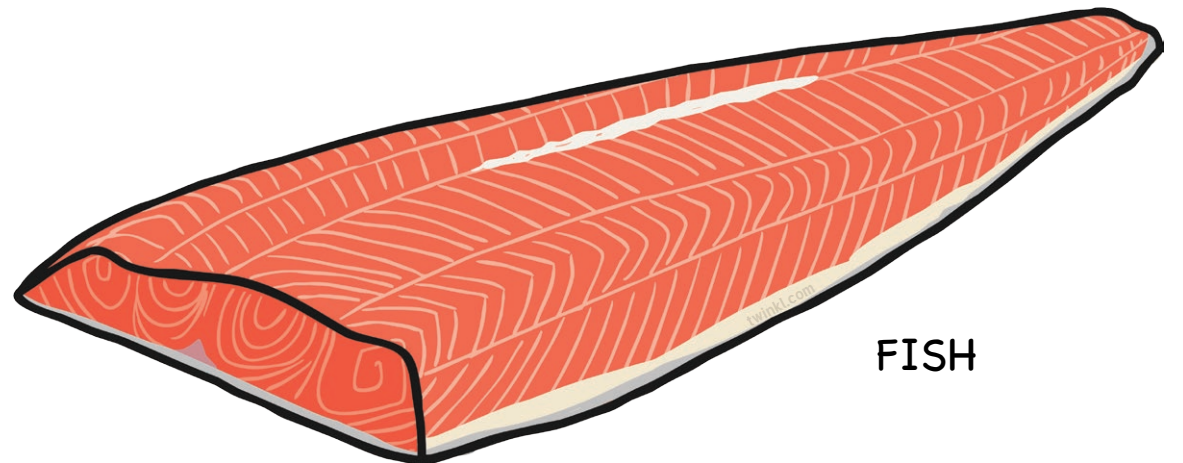
SAUSAGES



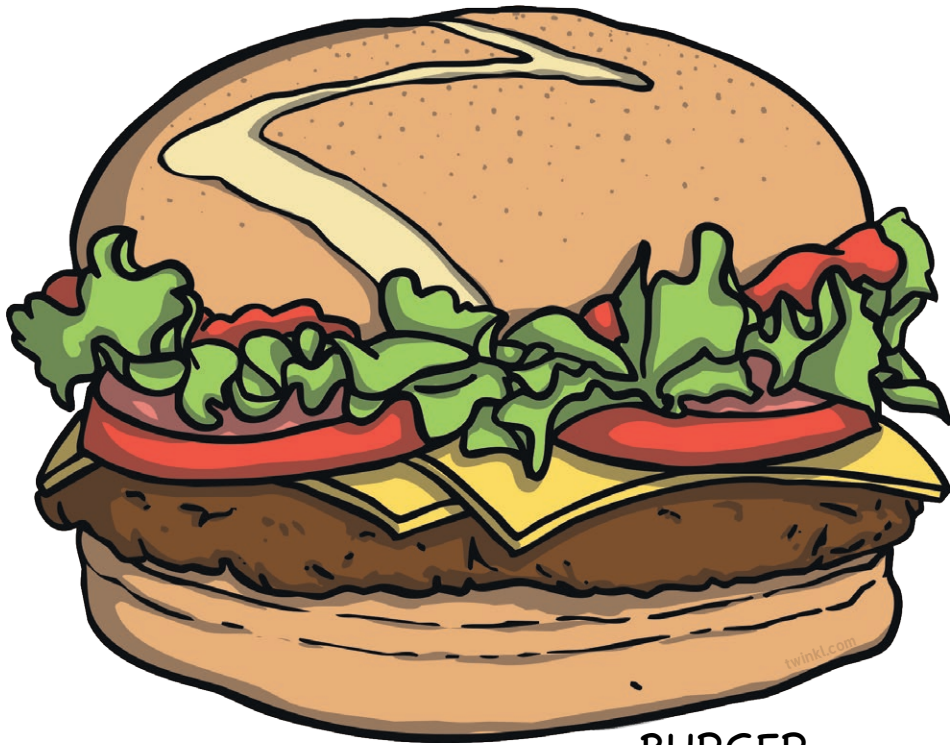
RICE



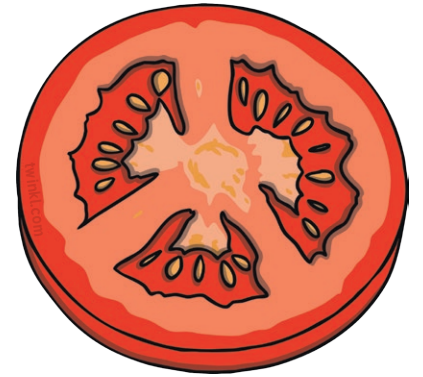
CHICKEN



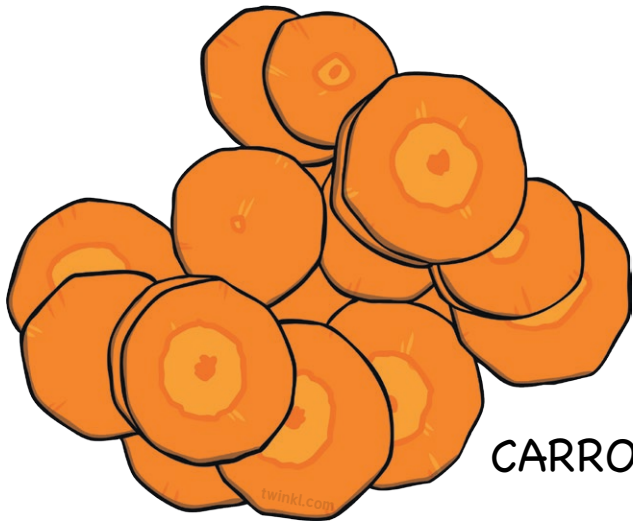
FISH



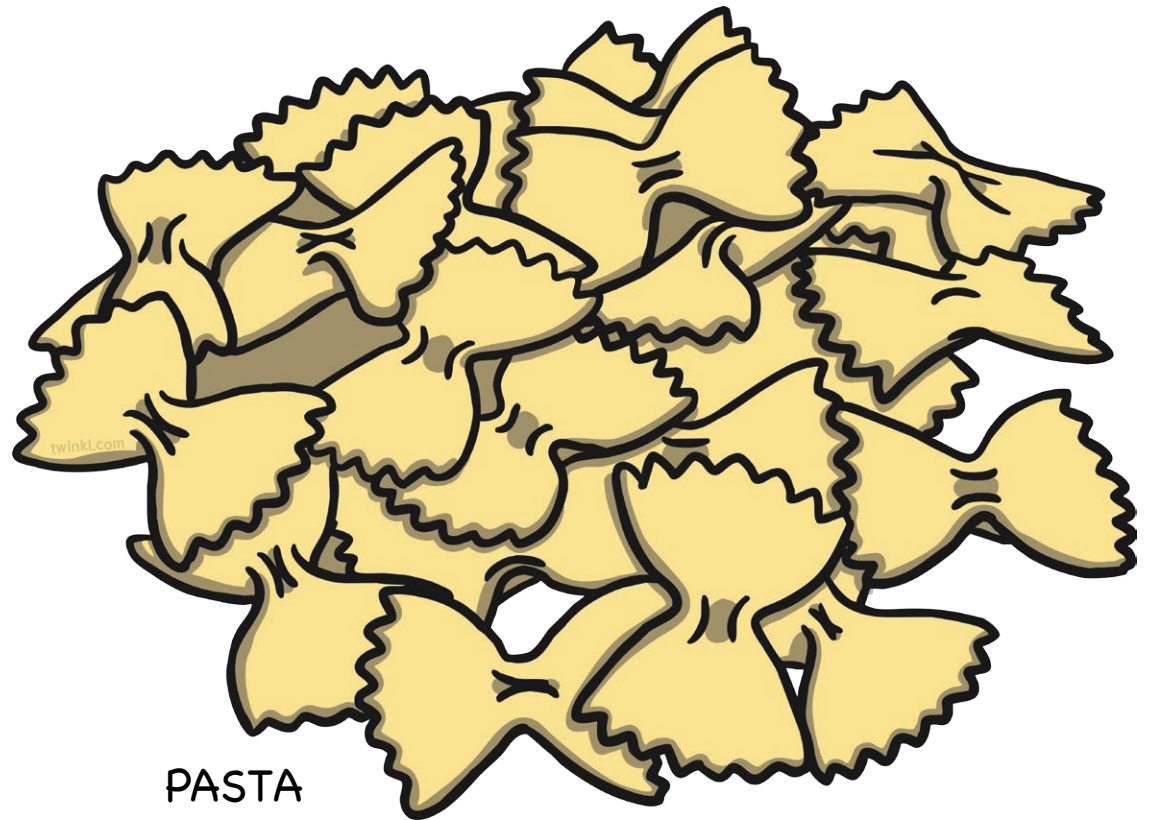
BURGER



TOMATOES



CARROTS



PASTA