



Co-funded by the
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KA229-BREAKING BARRIERS

VIRTUAL MOBILITY SWEDEN

14th to 18th March 2022

ESCOLA PINYANA D'ALFARRÀS

Monday, 14th



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9:00h Cultural activities

- Welcome Ceremony
- Presentation Sweden/Härnösand
- Presentation School



10 h Ice Breaking activities

- ➔ Presentations of the participants in the groups
- ➔ Interviews



11:00 - 11:30 BREAK



11:30h Swedish History

- ➔ Video about Swedish history
- ➔ Vikings



12:30h Let's move!



All together: 5th and 6th.

Tuesday, 15th



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9:00h

Association life: Music, to sing in a chorus

Presentation: Gender discrimination

10:00 h Gender discrimination in pictures

11:00 - 11:30 BREAK

11:30 h Gender discrimination in numbers



All together: 5th and 6th.



Wednesday, 16th



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9:00h Association life: Sports, to join sport associations



9:30h Practical work:

- Handicraft
- Domestic Science
- Technique



11:00 - 11:30 BREAK

Agrupamento de Escolas D. Afonso III, Vinhais



11:30h Make a video gender discrimination

12:30h International fair: Party!



All together: 5th and 6th.

Thursday, 17th



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9:00h

Association life: Outdoor life

Video about midnight sun and polar night

9:30h The seasons

- Taking photos of the season
- Making a poster

11:00 - 11:30 BREAK

11:30h About Swedish traditions

- Two typical Swedish traditions
- Singing (Små grodorna - The small frogs)
- Statue / Fountain
- Modern architecture



12:30h We all dance "The little frogs!"



All together: 5th and 6th.



Friday, 18th



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9:00 h Presentation of day activities



10:00 h: Evaluation



11:00 - 11:30 BREAK



11:30h Farewell ceremony Certificates



12:30 h: Time for free talk



All together: 5th and 6th.