

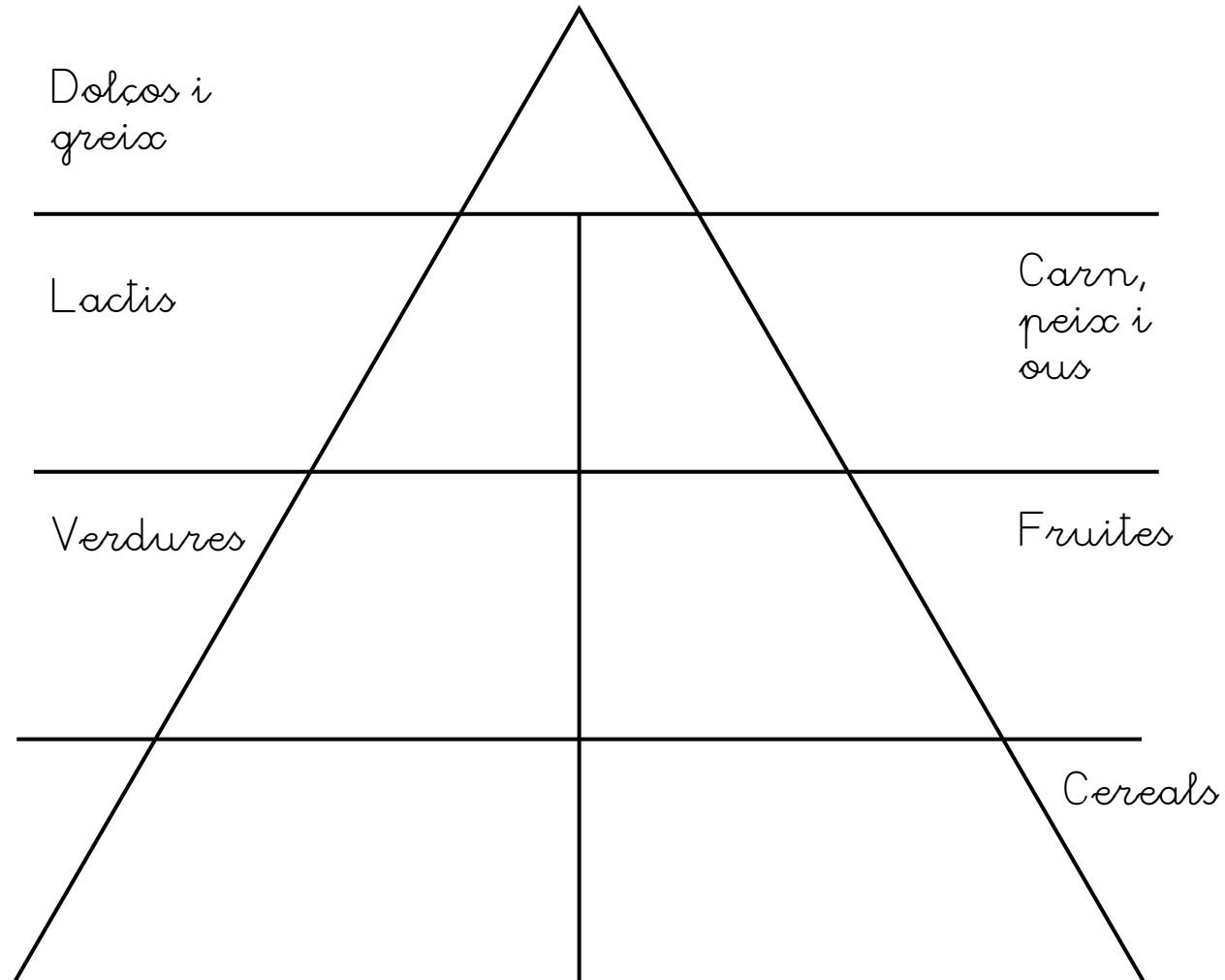


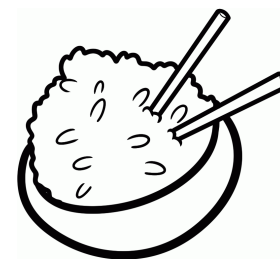
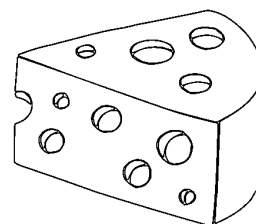
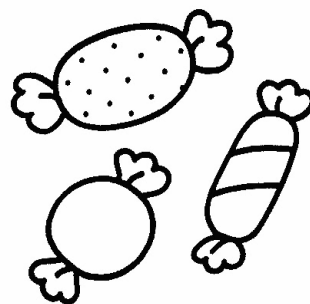
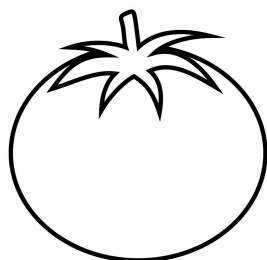
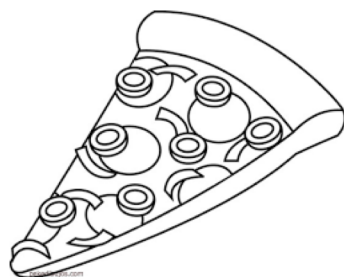
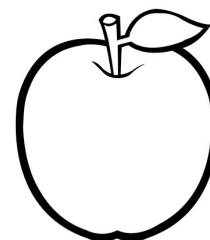
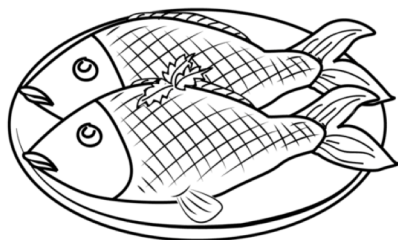
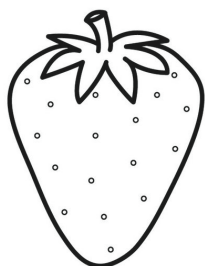
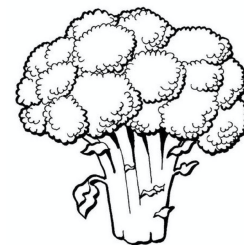
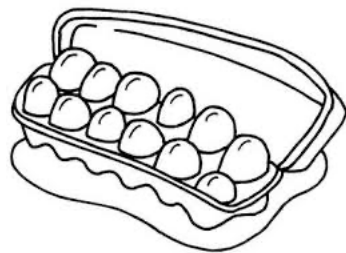
Lista de la compra





Piràmide dels aliments







Elabora un menú saludable



- Esmorzar: _____
- Dinar: _____
- Berenar: _____
- Sopar: _____
- Has menjat algun aliment poc saludable?
- Quantes peces de fruita has menjat avui?