1r

<https://www.youtube.com/watch?v=GHCqRsrQwNU> (Les Mills BORN TO MOVE | 6-7 year old class | Leisure World Colchester)

<https://www.youtube.com/watch?v=FB5-7tIiX-I> (12 Easy Exercises For Kids At Home)

2n

<https://www.youtube.com/watch?v=_97QFX3w1E4> (KIDS CIRCUIT WORKOUT (for PARENTS TOO)!)

<https://www.youtube.com/watch?v=f9KqF_11EYc> (Superheroes | Athletic Tracks | 6 - 7 years)

3r

<https://www.youtube.com/watch?v=9f_dt2XGrWk&t=239s> (Super Mario Fitness Challenge - PE at Home!)

<https://www.youtube.com/watch?v=vfrKDNxqOJ8> (La rutina de respiración que puedes hacer en casa para aportar energía a tu cuerpo)

EXTRA: <https://www.youtube.com/watch?v=55iTYdRDG4s> (Marbula One: Savage Speedway GP (S1R1) - Marble Race by Jelle's Marble Runs)

4t

<https://www.youtube.com/watch?v=XpT1BRLJZbI> (Rutina de actividad física para jóvenes y adultos en casa - Ejercicio 1)

<https://www.youtube.com/watch?v=_LECFeTtqgg> (AMERICAN NINJA WARRIOR JUNIOR | "Tiny but Mighty" BEAST MODE Gymnast Goes Far)

EXTRA: <https://www.youtube.com/watch?v=55iTYdRDG4s> (Marbula One: Savage Speedway GP (S1R1) - Marble Race by Jelle's Marble Runs)

5è

<https://www.youtube.com/watch?v=VW_ST68v8TM&t=22s>  (Pokemon fitness)

<https://www.youtube.com/watch?v=HRwPvke66JQ> (Emily Harrington and Ashima Shiraishi climb at the Psicocomp 2014)

EXTRA: <https://www.youtube.com/watch?v=55iTYdRDG4s> (Marbula One: Savage Speedway GP (S1R1) - Marble Race by Jelle's Marble Runs)

6è

<https://www.youtube.com/watch?v=yN3GgCUmmXw> (The Most Fun 15 Minute Cardio Dance Fitness Workout EVER)

<https://www.youtube.com/watch?v=PG9ZRfO9cGI> (Best sport ever! 360BaLL)

EXTRA: <https://www.youtube.com/watch?v=55iTYdRDG4s> (Marbula One: Savage Speedway GP (S1R1) - Marble Race by Jelle's Marble Runs)