



5 R in Breakfast at School

Photo-journal 5th level
Escola La Llàntia. Mataró (Barcelona)

Before, we used plastic bottles...



Now, we refuse, reduce and recycle the disposable plastic bottles .



Instead, we reuse refillable metal or plastic bottles.



Before we used aluminium foil to wrap breakfast...



Now we reuse tupperware, boc'n'roll, kitchen paper or textile bags.

We refuse and reduce aluminium foil.

