

MAY



ASSOCIACIÓ de FAMÍLIES d'ALUMNES
de l'Escola L'ENTORN de MATA
C/ Montseny, s/n



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Green peas with cured ham</p> <p>Pan-fried chicken breast</p> <p>Seasonal fruit</p>	<p>3</p> <p>Potatoes, beans and carrots</p> <p>Burger</p> <p>Seasonal fruit</p>	<p>4</p> <p>Pasta with tomato and cheese</p> <p>Baked fish fillet</p> <p>Seasonal fruit</p>	<p>5</p> <p>Salad</p> <p>Lentils lasagne with vegetables</p> <p>Yoghurt</p>	<p>6</p> <p>Brown rice with vegetables</p> <p>Fried egg</p> <p>Seasonal fruit</p>
<p>9</p> <p>Chopped cabbage with potatoes</p> <p>Skewered turkey</p> <p>Seasonal fruit</p>	<p>10</p> <p>Pasta salad</p> <p>French omelette</p> <p>Seasonal fruit</p>	<p>11</p> <p>Beans</p> <p>Baked hake fillet</p> <p>Seasonal fruit</p>	<p>12</p> <p>Salad</p> <p>Rice casserole rice</p> <p>Yoghurt</p>	<p>13</p> <p>Gazpacho</p> <p>Chickpeas with potatoes</p> <p>Seasonal fruit</p>
<p>16</p> <p>Spinach cannelloni</p> <p>Sausages</p> <p>Seasonal fruit</p>	<p>17</p> <p>Beans salad</p> <p>Spanish omelette</p> <p>Seasonal fruit</p>	<p>18</p> <p>Mushroom risotto</p> <p>Baked sea bass</p> <p>Seasonal fruit</p>	<p>19</p> <p>Courgette cream</p> <p>Pork loin steak</p> <p>Yoghurt</p>	<p>20</p> <p>Carbonara spaghetti</p> <p>Veggie burger</p> <p>Seasonal fruit</p>
<p>23</p> <p>Sautéed rice with onions and mushrooms</p> <p>Boiled egg</p> <p>Seasonal fruit</p>	<p>24</p> <p>Chickpeas</p> <p>Hake fillet</p> <p>Seasonal fruit</p>	<p>25</p> <p>Salad</p> <p>Ecological macaroni</p> <p>Seasonal fruit</p>	<p>26</p> <p>Mashed potatoes</p> <p>Lentils sautéed with vegetables</p> <p>Yoghurt</p>	<p>27</p> <p>Homemade salad</p> <p>Turkey</p> <p>Seasonal fruit</p>
<p>30</p> <p>Brown rice</p> <p>Homemade meatballs</p> <p>Seasonal fruit</p>	<p>31</p> <p>Baked potatoes with tomato</p> <p>Beans</p> <p>Seasonal fruit</p>	<p>1</p>	<p>2</p>	<p>3</p>