



ASSOCIACIÓ de FAMÍLIES d'ALUMNES
de l'Escola L'ENTORN de MATA
C/ Montseny, s/n

SEPTEMBER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
6	7	8	9	10
<p>13 Green beans with ham Spanish omelette Seasonal fruit</p>	<p>14 Rice salad Grilled monkfish Seasonal fruit</p>	<p>15 Wholewheat spaghetti with carbonara sauce Baked hake Seasonal fruit</p>	<p>16 Courgette puree Grilled chicken with crisps Yoghurt</p>	<p>17 Beans Burger Seasonal fruit</p>
<p>20 Baked potatoes with tomatoes Chicken sausages Seasonal fruit</p>	<p>21 Leek puree Beef roll Seasonal fruit</p>	<p>22 Rice casserole Courgette omelette Seasonal fruit</p>	<p>23 Chickpeas Baked monkfish Yoghurt</p>	<p>24 Pasta with cheese Pan fried pork loin Seasonal fruit</p>
<p>27 Squash soup Skewered turkey Seasonal fruit</p>	<p>28 Vegetables Baked fish filet Seasonal fruit</p>	<p>29 Brown rice Homemade meatballs Seasonal fruit</p>	<p>30 Wholewheat spaghetti with cheese and tomato sauce Pan fried hake Yoghurt</p>	<p>31 Lentils with rice Stuffed eggs Seasonal fruit</p>