



PROGRAM of Mobility

of the Erasmus+ project *Taste of life*

KA229 2019-1-PL01-KA229-064915

organised by Zespół Szkolno-Przedszkolny im. M. Kopernika in Hutki,

Hutki 161, 42-274 Konopiska, Poland),

30th May – 3rd June 2022

<p>MONDAY 30TH May 2022</p>	<p>Arrival of teachers and students from partner schools. Hotel accommodation at Hotel Mercure in the centre of Częstochowa. Free time. Dinner in the evening.</p>
<p>TUESDAY 31ST May 2022</p>	<p>8.30 – Departure from the hotel in Częstochowa to the host school in Hutki.</p> <p>9.00 – Welcoming ceremony. Performances by the host school students referring to the project - healthy lifestyle. Dancing classes - having fun with dancing.</p> <p>10.00 – 13.00 - Classes for students in groups. Art classes. / Sports classes. 11.00 - Snack break. Sports classes. / Art classes. 12.00 - Handmade fruit key rings - plastic molding classes.</p> <p>13.00 – lunch at school.</p> <p>14.00 - A visit to the "Shepherd's Farm" – spending time outdoors on the farm, observing and feeding the animals. Traditional pasta making workshop. During the workshop – getting to know the role of eggs in nutrition and the history of pasta.</p> <p>16.00 - Return to the hotel and free time. Free time activities - suggestions: 1) a walk along the main street of Częstochowa - Avenue of the Blessed Virgin Mary, where you can walk, eat something delicious (traditional donuts or handmade ice cream), relax on the bench. 2) A visit to Jasna Góra - the monastery and sanctuary of the Black Madonna. 3) Walk and play in the playground in the park. All these can be done near the hotel where you will be staying.</p> <p>19.30 - Meeting at the hotel and transfer by bus for dinner organized by the host school (certificates and gifts).</p>



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<p>WEDNESDAY 1st June 2022</p>	<p>8.20 - Meeting in front of the hotel. Transfer by coach to the Ojców Landscape Park. (Take something to drink and snacks with you.)</p> <p>10.00 – Arrival at the the Ojców Landscape Park – a healthy, educational walk around the park with a guide.</p> <p>13.00 - Transfer by coach to Krakow.</p> <p>13.40 – Arrival in Krakow. A short walk around Krakow with a guide. Free time in the Old Market Square. Shopping for souvenirs. Lunch.</p> <p>16.30 - Transfer by coach to Wieliczka Salt Mine, which is on the UNESCO World Heritage List. (I suggest that you buy snacks in Krakow if the children would like to eat something before visiting the mine. For example, in the Old Market Square in Krakow you can buy traditional Krakow pretzels.)</p> <p>17.55 - Visiting the Wieliczka Salt Mine with a guide. https://www.wieliczka-saltmine.com/?_ga=2.68918167.789543113.1653070045-796914066.1627043289</p> <p>19.30 - Transfer by coach to the hotel.</p> <p>21.30 – Arrival at the hotel. Free time. If you want, you can go for a late dinner. Near the hotel there are plenty places to eat – different restaurants, cafes, large and small, elegant and casual.</p>
<p>Thursday 2nd June 2022</p>	<p>8.00 - Meeting in front of the hotel. Transfer by coach to Warsaw. Teams from Greece, Italy and Portugal check out of the hotel and take their suitcases with them as they will spend the last night at a hotel in Warsaw. Teams from Finland and Spain return to their hotel in Częstochowa in the evening. Take drinks and snacks with you.</p> <p>11.30 - Arrival at Hangar 646 - Trampoline Park in Warsaw. To enter the trampoline park, non-slip socks are required (you can have your own socks or buy socks in the park).</p> <p>12.00 – 13.00 - sports activities in the trampoline park for the students (teachers who</p>



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	<p>would like to jump with the students, can go with them). Teachers who don't want to jump on the trampolines - lunch and coffee in a bistro in the Trampolin Park area. 13.10 - Quick lunch at the bistro in the trampoline park for the students and teachers after leaving the trampolines. I kindly ask the teachers who will be at the bistro to order lunch for their students while the students will be on the trampolines, so that the children can eat right after the end of the classes, to avoid waiting for the food.</p> <p>13.40 – Transfer to Łazienki Królewskie, called "the happiest place in Warsaw", the summer residence of King Stanisław August in the 18th century. It is made up of classicist monuments and historical gardens. You can relax there, observing nature, and deepen your knowledge of Enlightenment ideas, visiting the pearls of European architecture. https://www.lazienki-krolewskie.pl/en</p> <p>14.00 – Meeting with the guide. Walk and relax in these magical and extraordinary gardens. 15:00 – bus transfer to the Palace of Culture and Science 15:30 – entry to the 30th floor of the Palace of Culture and Science admiring the panorama of Warsaw 16:30 – bus transfer to Piłsudski Square 16:45 – visiting Piłsudski Square and walking along Krakowskie Przedmieście to Plac Zamkowy - to the Old Town 17:45 – a walk around the Old Town 19.00 – dinner at a restaurant in the Old Town 20.00 - 20.30 - Teams from Greece, Italy and Portugal transfer to a hotel in Warsaw, other participants of the trip - return to Częstochowa. 23.00 - return to the hotel in Częstochowa.</p>
<p>Friday 3rd June 2022</p>	<p>Departures.</p>